

8. How often do you engage in recreational drug use? ___ daily ___ weekly ___ monthly ___ rarely ___ never
 Do you consider this drug use a problem? ___ Yes ___ No ___ Maybe ___ N/A
9. Do you have any problems or worries about sexual functioning? ___ Yes ___ No
 If yes, check where applicable: lack of desire performance problem sexual impulsiveness
 difficulties maintaining arousal ___worried about sexually transmitted disease
10. Have you ever experienced sexual assault, unwanted sex or uncomfortable touching?
 frequently a few times once never unsure
11. Have you had suicidal thoughts recently? frequently sometimes rarely never
 Have you had them in the past? frequently sometimes rarely never
12. Have you ever intentionally inflicted any harm upon yourself? ___ Yes ___ No ___ Unsure
13. In the past, how would you rate the quality of your peer relationships?
 very poor unsatisfactory about average good excellent
14. Approximately how many significant intimate relationships (e.g., lasting at least 6 months) have you been involved in? _____
15. Besides family members, approximately how many people can you really count on right now for friendship or emotional support?

Additional notes you wish to share:

If you were referred to me, whom do I have to thank for the referral? _____

PLEASE SIGN BELOW TO INDICATE THAT THE INFORMATION PROVIDED IS TRUE AND CORRECT:

 Signature of Client (or person acting for client)

 Date

 Printed Name

 Relationship to client (if necessary)

ABOUT YOUR CONCERNS

Please check all the items below that you currently experience or with which you are having difficulty. Feel free to add any others at the bottom under "Other concerns or issues." You may add details as needed to clarify.

Abortion	Grieving, mourning	Physical problems
Abuse - emotional	Guilt	PMS
Abuse - neglect	Headaches, pains	Poor self-care
Abuse - sexual	Health, illness	Pornography use
Adoption	Hearing voices	Procrastination
Aggression	Hostility	Relationship problems
Alcohol Use	Hyperactivity	Relaxation
Ambition	Impulsive spending	Re-marriage
Anger	Impulsiveness	Risk-taking
Anxiety	Incest	Sadness
Arguing	Indecision	School problems
Attention problems	Inferiority feelings	Self abuse – burning
Career concerns	Infertility	Self abuse – cutting
Childhood issues	Inhibitions	Self abuse - other: _____
Children – care of	Interpersonal conflicts	Self abuse – scratching
Children - custody	Irresponsibility	Self abuse – pulling hair out
Children - management	Irritability	Self-centeredness
Choices I've made	Judgment problems	Self-control
Chronic pain	Laziness	Self-esteem
Codependence	Legal matters, charges, suits	Self-neglect, poor self-care
Communication	Loneliness	Separation – legal or otherwise
Compulsive spending	Loss of control	Sexual addiction
Confusion	Losses	Sexual conflicts
Constant conflicts	Loss of interest in activities	Sexual desire differences
Crying	Loss of interest in sex	Sexual orientation – conflicts/questioning
Deaths	Low energy	Shyness
Debt	Low frustration tolerance	Smoking
Decision making	Low income	Spirituality
Dependence	Low mood	Step-parenting
Depression	Marital conflict	Stress
Distractibility	Marital distance	Stress-management
Divorce, separation	Marital infidelity/affairs	Suicidal thoughts/passive ideations
Domestic violence	Medical concerns	Suspiciousness
Drug abuse – over the counter	Memory problems	Temper problems
Drug abuse - prescription	Menopause	Tension / stress
Drug abuse – street drugs	Menstrual problems	Thought disorganization
Drug abuse - alcohol	Mixed feelings	Threats of violence
Education	Mood swings	Tiredness
Employment – lack of	Motivation	Tobacco use
Employment - overdoing	Mourning	Unhappiness
Employment problems	Nail-biting	Violence
Employment - termination	Nervousness	Violence – victim of crime
Emptiness	Nightmares	Weight and diet issues
Exhaustion	Obsessions, compulsions	Withdrawal – isolating
Failure	Outbursts	Work problems
Fatigue, low energy	Oversensitive to criticism	Worry all the time
Fears, phobia	Oversensitive to rejection	Other concerns or issues:
Feelings of helplessness/hopeless	Overweight	
Financial troubles	Panic or anxiety attacks	
Friendship problems	Parenting	
Gambling	Perfectionism	
Gender identity conflicts	Pessimism	
Goals not being met	Phobias	